



Santa Clara
Family Health Plan
The Spirit of Care

Behavioral Health Treatment for Autism Spectrum Disorder

Santa Clara Family Health Plan now covers behavioral health treatment (BHT) for autism spectrum disorder (ASD). This treatment includes applied behavior analysis and other evidence-based services. This means the services have been reviewed and have been shown to work. The services should develop or restore, as much as possible, the daily functioning of a Member with ASD.

BHT services must be:

- Medically necessary; and
- Prescribed by a licensed doctor or a licensed psychologist; and
- Approved by the Plan; and
- Given in a way that follows the Member's Plan-approved treatment plan.

You may qualify for BHT services if:

- You are under 21 years of age; and
- Have a diagnosis of ASD; and
- Have behaviors that interfere with home or community life. Some examples include anger, violence, self-injury, running away, or difficulty with living skills, play and/or communication skills.

You do not qualify for BHT services if you:

- Are not medically stable; or
- Need 24-hour medical or nursing services; or
- Have an intellectual disability (ICF/ID) and need procedures done in a hospital or an intermediate care facility.

If you are currently receiving BHT services through a Regional Center, the Regional Center will continue to provide these services until a plan for transition is developed. Further information will be available at that time.

You can call SCFHP if you have any questions or ask your Primary Care Provider for screening, diagnosis and treatment of ASD. You can reach a Member Services representative any weekday, 8:30 a.m. to 5:00 p.m. (except holidays), by calling **1-800-260-2055**. TTY is **1-800-735-2929**.

There is no cost to the Member for these services.